

## Loose Realism Materials:

-Palette - New Wave 11x16" white pad disposable palette, or similar

-Palette knife – not a teeny one. You want to be able to scoop up a pile of paint with it. I like the RGM softgrip no. 45 (blue handle)

-Rags or paper towels (blue shop towels are the best!)

-Solvent: Gamsol or Chelsea Classical Studio Lavender Spike Oil Essence •  
Medium: CCS walnut oil or CCS "Lean" medium (substitutions ok) • Containers for solvent and medium

-Paint - I use M. Graham brand. Here is my split-primary palette. Substitutions are ok!

- Titanium white
- Alizarin Crimson,
- Cadmium red (medium or light)
- Ultramarine Blue
- Viridian or Pthalo blue
- Cadmium yellow (medium)
- Hansa yellow

Optional colors: yellow ochre, ivory black, dioxazine purple

-Viewfinder - I like the ViewCatcher.

-Brushes - I use Princeton Summit Series 6100 white Taklon, Rosemary Evergreen, and Rosemary Ultimate bristles, but please use what you're comfortable with. A good starter kit is a #2 round and a #4 flat.

-Canvases or other painting surfaces:

- Two 12x16" canvases or canvas boards, or a pad of canvas paper, or Arches oil paper (something for quick studies)
- Both a square canvas and a rectangular canvas or panel - any size you'd like to work on for about 3 hours. You'll need at least 2. 8x8, 10x10, 8x10, 9x12 or larger. I use Raymar - their Arches oil paper panels, and their smooth and medium texture canvas panels. Use the code SEDWICK15 at [raymarart.com](http://raymarart.com) for a discount!
- Bringing a couple of extra canvases can be helpful.

-Easel and side table A **standing travel easel**. (A french easel or plein air easel)

\*Catalyst has easels for student use, but bring your own if you prefer.

-Pencil, sketchbook, black sharpie, masking tape